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## The Scandinavian Cookbook: Fresh and Fragrant Cooking of Sweden, Denmark and Norway

By Anna Mosesson, Janet Laurence, Judith H. Dern

Anness Publishing. Paperback. Book Condition: new. BRAND NEW, The Scandinavian Cookbook: Fresh and Fragrant Cooking of Sweden, Denmark and Norway, Anna Mosesson, Janet Laurence, Judith H. Dern, Discover the delights and distinctive tastes of Scandinavian cuisine in this beautiful book, with more than 150 recipes from Sweden, Norway and Denmark. It features a fascinating overview of the landscapes, festivals and celebrations of each individual country, as well as an exploration of their unique cuisines and a comprehensive guide to the famous ingredients of the region, including game, cured fish, almonds, cloudberries and dill. The recipe section offers all the authentic Scandinavian dishes, such as classic Gravlax with Mustard and Dill Sauce from Sweden, traditional Roast Hare with Lingonberries from Norway and world-famous Danish Pastry from Denmark. It is packed with helpful cook's tips and variations, and complete nutritional information for every recipe. Classic Scandinavian cuisine is based on natural produce, with fish caught from the seas and rivers; wild game from the rugged forests; and meat and dairy products from the animals that graze on the fertile pastures. The age-old traditions of pickling and preserving food ensure survival during the long winters. The first section explores the evocative landscapes and...



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