Nutrition Made Incredibly Easy!



Filesize: 2.25 MB

Reviews

Complete guideline! Its such a excellent read. This really is for all who statte there had not been a worth studying. It is extremely difficult to leave it before concluding, once you begin to read the book. (Timothy Lynch)

NUTRITION MADE INCREDIBLY EASY!



Lippincott Williams & Wilkins, 2010. Soft cover. Book Condition: New. Nutrition plays a major role in health promotion, disease prevention and treatment in all patient care settings, and is a vital core subject for any nursing student seeking to qualify to enter the nursing register. "Nutrition Made Incredibly Easy!" makes this complex topic both accessible and appetising! Covering both health promotion and clinical nutrition, it offers comprehensive information on nutritional care throughout the lifespan. Coverage includes the physiological processes that transform food into energy, nutrient metabolism and recommended allowances, assessment of nutritional status, and the needs of special patient populations. This book has been fully adapted to the UK context for education and practice. With its wide range of reader-friendly features, it provides a fantastic and essential tool for nursing students.

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