



## Evidence-Based Practice in Athletic Training (Hardback)

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By Author Scot Raab, Author Author Deborah Craig

Human Kinetics Publishers, United States, 2015. Hardback. Book Condition: New. 257 x 178 mm. Language: English . Brand New Book. As one of the first texts of its kind, Evidence-Based Practice in Athletic Training contains essential information on the fundamentals of evidence-based practice (EBP) for students who are working toward certification in athletic training and athletic trainers who wish to stay up to date on best practices in the field. With EBP, all clinical decisions are based on available research studies, and these studies are selected and assessed according to specific criteria that yield evidence of benefit. EBP is a continuing education requirement for athletic trainers who are certified with the Board of Certification (BOC). Grounded in solid science, Evidence-Based Practice in Athletic Training explains the basics of EBP and the research design methods that are so vital to its implementation. Starting in part I, the text introduces the various levels of evidence, well-built question development using the PICO technique (patient problem or population, intervention, comparison, and outcomes), the five steps of searching for evidence, and search techniques. Part II guides readers through researching specific questions and evaluating research studies, including how to incorporate the evidence they find into their...



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