



# A Common Struggle: A Personal Journey Through the Past and Future of Mental Illness and Addiction

By Patrick J Kennedy, Stephen Fried

Penguin Audiobooks, United States, 2015. CD-Audio. Book Condition: New. Unabridged. 150 x 130 mm. Language: English . Brand New. **\*\*A New York Times Bestseller\*\*** Patrick J. Kennedy, the former congressman and youngest child of Senator Ted Kennedy, details his personal and political battle with mental illness and addiction, exploring mental health care's history in the country alongside his and every family's private struggles. On May 5, 2006, the New York Times ran two stories, Patrick Kennedy Crashes Car into Capitol Barrier and then, several hours later, Patrick Kennedy Says He'll Seek Help for Addiction. It was the first time that the popular Rhode Island congressman had publicly disclosed his addiction to prescription painkillers, the true extent of his struggle with bipolar disorder and his plan to immediately seek treatment. That could have been the end of his career, but instead it was the beginning. Since then, Kennedy has become the nation's leading advocate for mental health and substance abuse care, research and policy both in and out of Congress. And ever since passing the landmark Mental Health Parity and Addiction Equity Act--and after the death of his father, leaving Congress--he has been changing the dialogue that...



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