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PATH OF THE MONK: PART I



Serebrov Boeken. Paperback. Book Condition: new. BRAND NEW, Path of the Monk: Part I, Konstantin Serebrov, This modern book about the old ascetic practices, explains to a wide circle of readers the spiritual path taken by a monk. It also explains the exercises necessary to advance successfully along the Path. These exercises are called the inner work, and they enable the ascetic to cleanse his mind, soul and body. The book contains quotations from the 3rd edition of Philokalia published...

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- Authored by Konstantin Serebrov
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