

## Drop Up to 8 Pounds in 8 Days - Detox Diet Cleanse: Alkalize, Energize - Juicing Recipes to Boost Your Metabolism and Remove Toxins That Lead to Weigh



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### ***Reviews***

*Simply no phrases to clarify. It is really basic but surprises from the 50 percent of the ebook. Once you begin to read the book, it is extremely difficult to leave it before concluding.*  
*(Mr. Noah Cummerata IV)*

## **DROP UP TO 8 POUNDS IN 8 DAYS - DETOX DIET CLEANSE: ALKALIZE, ENERGIZE - JUICING RECIPES TO BOOST YOUR METABOLISM AND REMOVE TOXINS THAT LEAD TO WEIGH**



Createspace. Paperback. Book Condition: New. This item is printed on demand. Paperback. 192 pages. Dimensions: 9.0in. x 6.0in. x 0.4in. I struggled all my life with my weight, Ive been called many horrible names, and I had to pay extra for my size in clothing, because I was THAT-- BIG GIRL. I eat food for comfort and cried because I didnt fit in with the rest, I didnt have a man in my life for years! Why I hear you ask, because I didnt feel comfortable in my own skin. Until one day it hit me! I began my journey with natural weight loss using Juice Detox. How It All Began My friend Nicole came to visit me 12 years ago and my life has never been the same. Nicole was that BIG GIRL, depressed and sad. When she first arrived at my home, I looked her up and down --- I was astonished, and immediately noticed something was different about her; yes! the excess weight was gone. I could hardly recognize her. But it was not just the weight loss that made her unrecognizable. She was happy, confident and looking radiant. I had to ask. . . . how did you manage to lose so much weight She said Juice fasting and a little exercising. I did not waste any time, I rushed to the store and bought all the green produce and fruits I could, because I was desperate for a change; not just to look better in clothing, but to be healthier. Lose Up To 8 Pounds in 8 Days With Guided Steps! Drop Up To 8 Pounds in 8 Days: Detox Diet Cleanse - Alkalize, Energize - Juicing Recipes to Boost Your Metabolism and Remove Toxins That Lead To Weight Gain: With over 50 Delicious Weight Loss Juice Fasting...



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