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THE TIME CURE: OVERCOMING PTSD WITH THE NEW PSYCHOLOGY OF TIME PERSPECTIVE THERAPY



John Wiley & Sons Inc. Hardback. Book Condition: new. BRAND NEW, The Time Cure: Overcoming PTSD with the New Psychology of Time Perspective Therapy, Philip G. Zimbardo, Richard Sword, Rosemary Sword, In his landmark book, The Time Paradox , internationally known psychologist Philip Zimbardo showed that we can transform the way we think about our past, present, and future to attain greater success in work and in life. Now, in The Time Cure , Zimbardo has teamed with clinicians Richard...

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- Authored by Philip G. Zimbardo, Richard Sword, Rosemary Sword
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